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Operation Our Town Reporter

a monthly newsletter *by* our volunteers *to* our volunteers *about* our fight against drugs and crime in Central PA

Volume 11, Issue 1 - January 2019



OperationOurTown.org

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 UPMC Altoona
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American Eagle Paper Mills
 Grainger Industrial Supply
 Norfolk-Southern Foundation
 Small Tube Products
 Stuckey Ford & Subaru
 Value Drug Company



Our Town Times

2019 ANNUAL REPORT

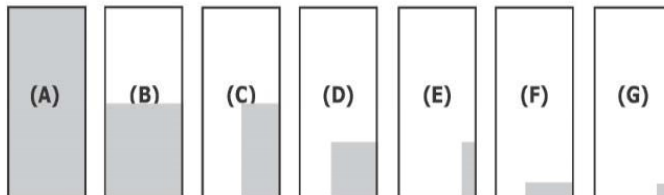


Distributed at the Annual Blair County Chamber Operation Our Town Breakfast and throughout the year to local business and community organizations!

SHOW YOUR SUPPORT AND COMMUNITY PRIDE!

The 2019 Annual Report will provide an update to readers from this past calendar year. We will hear from law enforcement, healthcare professionals, business leaders and others from our community on the struggle with opioid drugs and methamphetamines. Get the inside scoop from Operation Our Town Roundtables on their projects and efforts to help keep our community safe!

Please help us...



Ad sizes	Width	Height	Cost
(A) Full Page	10"	21.33"	\$900
(B) Half Page	10"	10.66"	\$650
(C) 1/4 Page Vertical	5"	10.66"	\$450
(D) 1/3 Page Square	6.633"	6.633"	\$400
(E) 1/6 Page Vertical	1.833"	6.633"	\$200
(F) 1/6 Page Horizontal	6.633"	1.833"	\$200
(G) Block ad	2"	1.667"	\$50

All images or 4 color ads must be submitted as final, high-resolution (300 DPI) CMYK files, preferably in PDF format. High-resolution JPEGs are also acceptable. Please convert all text to outlines. Please do not submit ads generated in word processing applications such as Microsoft Word. Ad design can be provided for a nominal fee of \$115 per ad. Space is limited. All ads are admitted to the publication on a first-come-first-serve basis.

All ads and pre-payment MUST be received by February 4, 2019.

Published by DiAndrea Media

For advertising information, please contact

Segan Farster at (814) 944-5678 or email: Segan@DiAndreaMedia.com • 2431 6th Avenue • Altoona, PA 16602

Please Check One:

- (A) Full Page (\$900)
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- (F) 1/6 Page Horizontal (\$200)
- (G) Block ad (\$50)

Please print and return this portion with your payment (checks only—do not send cash).
 Checks to be made out to Operation Our Town and mailed to DiAndrea Media, Inc.
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Name: _____ Company: _____

Address: _____

Phone: _____ Email: _____

Will you be submitting final artwork? Yes No

Use the same artwork from last year? (no charge) Yes No

Mission

To facilitate partnerships between community and business to fight drug abuse and crime through proven law enforcement, treatment, and prevention techniques.



REPORT DRUG ACTIVITY
PUSH OUT THE PUSHER

814-693-3020

Honor the Badge



PA 2-1-1 is a comprehensive database that includes information about health & human services.

PA 2-1-1 can be accessed by phone 24/7 or the web at:

<https://pa211central.info>

Upcoming Operation Our Town & Partner Meetings and Events

Weekly

Wednesday's	HOPE Support Group Meeting	5:30-7:30pm	Blair Drug & Alcohol Partnerships
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Monthly

2nd Saturday of every month	Breaking the Chains Recovery Service	7:00pm	Mt. Zion Missionary Baptist Church
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Month of January

1/3	Early Childhood Education Roundtable meeting	10:00am	Blair County Chamber
1/7	Booker T. Washington meeting	4:00pm	Blair Co. Community Action Agency
1/8	Northern Blair Roundtable meeting	12:00pm	Bull Pen Restaurant
1/16	Blair Co. Crime Solvers meeting	8:00am	WTAJ
1/16	Marketing Roundtable meeting	4:00pm	OOT office
1/17	CJAB Roundtable meeting	12:00pm	Blair County Courthouse
1/17	Faith-based Roundtable meeting	2:00pm	2nd Avenue United Methodist Church
1/18	Pharmacy Roundtable meeting	7:15am	OOT office



Be on the lookout for the new OOT bus wrap!

Operation Our Town has announced the unveiling of their fourth bus wrap design that appears on an Amtran bus that can be seen throughout Altoona.

This year's design features the tagline "Choose Life! NOT DRUGS" which is illustrated by a positive scene on the top part of the bus depicting youth living active, healthy lives, and the bottom scene depicting a coffin, the negative consequence that can result from doing drugs.

Click below to view complete press release:

<http://www.operationourtown.org/oot-amtran-unveil-new-bus-wrap-0>

Community Events

Hollidaysburg
Police Department
Coffee with Cops

Wednesday,
January 2, 2019

6:00-8:00pm

Allegheny
Creamery & Crepes

Family Health &
Safety Fair

Saturday,
February 9, 2019

10:00am - 1:00pm

Bellwood-Antis
Public Library

Family Valentine's
Day Dance

Saturday,
February 9, 2019

5:30-7:30pm

Blair Regional
YMCA

10th Annual Community Classic Dinner and Auction

Saturday, February 23, 2019
The Bavarian Hall 5:30 P.M.

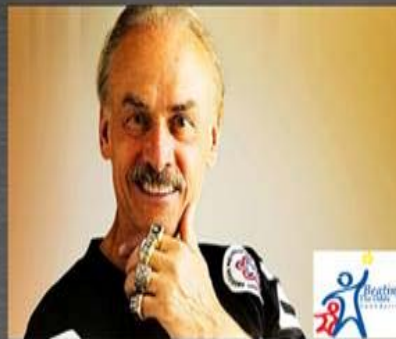
Doors will open at 4:30

Presenting the 2019 Respected Citizen Award to:

Steve Sauers



Featuring:



Steelers Rocky Bleier

Tickets can be purchased at the Central Blair Recreation
and Park Commission Office
2101 Fifth Avenue, Altoona, PA 16602 and
Grandview Meats, 1544 Pleasant Valley Blvd., Altoona, PA 16602
For info call: (814) 949-2231 or visit www.cbreparks.org



Tickets
\$40.00



Event Sponsor:

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FOODS™
KEEPING KITCHENS COOKING.™

2018-2019 Grant Recipient Highlight: Altoona Area Public Library's Detangle with Zentangle

By Nicholas Gordon, PMSC AmeriCorps
Member with Operation Our Town



Stress affects us all. With our “connectedness” via smartphones and the internet, stressful situations have become increasingly accessible to both students and adults these days. If we neglect the pressure that comes along with “growing up” and entering adulthood, we can quickly become discouraged and lose sight of the incredible opportunities that each day brings.

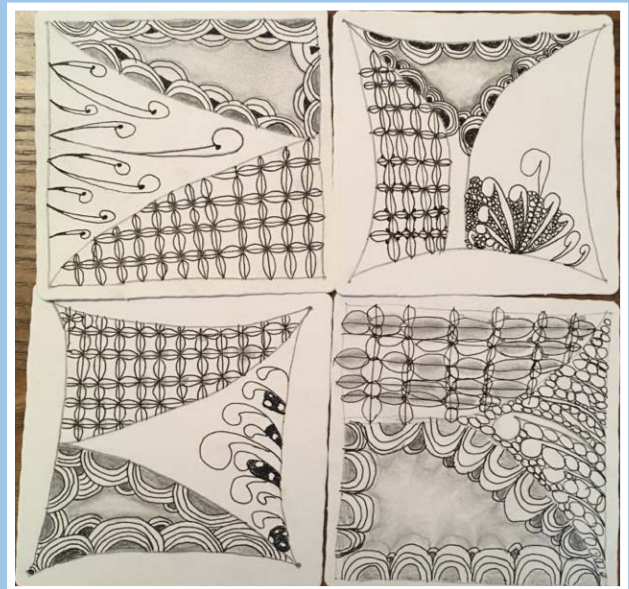
In response to this issue, the Altoona Area Public Library has partnered with Barnes & Noble and Family Services, Inc.'s Teen Center in order to bring a fun and useful activity to students. I had the pleasure of visiting Shelley's Zentangle class at the Teen Center, and I became more aware of the difference a simple art project can make to mitigate stress.

If you're like me, right about now you may be asking, “What's Zentangle?” Fear not, because not only will I explain it, but I have also included a picture featuring the students' examples from my visit. Zentangle is an art style of doodling with a focus on deliberate breathing, repetitive pen stroke patterns, and shading.

One of the coolest aspects of the class is that the technique not only develops over time, but skills learned in the group setting can also be used independently between sessions. Similar to learning an instrument, Zentangle gives students a healthy and productive creative outlet. When feeling stressed, students who are familiar with Zentangle can calm their nerves

and focus their attention on creating something that will help them to grow and overcome the struggles they deal with.

Another key component of the program comes with the relationships that Shelley forms with the students. In most cases, students will return for multiple classes, keeping track of their progress from week to week. This presents a unique opportunity for Shelley to act as a role model and a mentor, encouraging students to take pride in their work and appreciate the journey, rather than simply judging their own imperfections.



When I began to understand more about the program, I was very impressed to learn how Zentangle works and why it works. I am looking forward to see this program continue to grow, and the resulting art that students will create.

So in looking at the generation preparing to fill our own shoes, what else can we do? Simply put, this: be present and engage in the lives of youth. If we keep their best interest in mind, we will continue to see our community flourish.

